

STRONG GROUND

A *dare to lead* BOOK

RUMBLE STARTERS

- 1 The story I make up . . .
- 2 I'm curious about . . .
- 3 Tell me more.
- 4 That's not my experience (instead of "You're wrong about her, him, them, it, this . . .").
- 5 I'm wondering . . .
- 6 Help me understand . . .
- 7 Walk me through . . .
- 8 We're both dug in. Tell me about your passion around this.
- 9 Tell me why this doesn't fit/work for you.
- 10 I'm working from these assumptions—what about you?
- 11 What problem are we trying to solve?

Brené Brown, *Strong Ground* (2025)

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RUMBLE TOOLS

- 1 What's my part?
- 2 What does support look like?
- 3 What key learnings can we take from this?
- 4 Are there stealth intentions that we need to surface and name?
- 5 Are there stealth expectations driving us?
- 6 Is horizon conflict at play here?
- 7 Do we need to check our gritty facts and gritty faith?
- 8 Time-out

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